

High Blood Sugar Can Affect All These Body Parts



Eyes

- Damage to your blood vessels at the back of your eyes can lead to vision loss.



Kidneys

- Your kidneys may not filter waste well. This can lead to kidney disease.



Feet

- You may have reduced blood flow and nerve damage in your feet. This can make it harder for wounds to heal and increase your risk of amputation.



Heart

- Damage to your blood vessels can lead to high blood pressure or a heart attack.



Nerves

- Damage to your nerves may cause numbness or pain. This may make it hard for you to do daily activities.

The Good News

Keeping your blood sugar levels in your target range can help prevent or slow down these conditions!