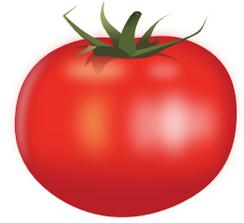


# Food List



Picture	Name	Sample Uses
	<b>Eggplant</b>	Great sauteed on its own and in soups or casseroles
	<b>Green Onion / Scallion</b>	An easy topper for soups and salads
	<b>Sweet potato</b>	Roasted as a great addition to a salad or as a side dish
	<b>Radish</b>	A nice snack on its own or on salads and tacos
	<b>Kale</b>	Remove stalks for a hearty salad base or bake for kale chips
	<b>Grapefruit</b>	Cut in half, slice wedges, and eat for a quick and easy snack
	<b>Cantaloupe</b>	Remove seeds and cut into slices for a sweet snack
	<b>Swiss Chard</b>	Great in soups or sauté the stalks for a hearty side dish

For questions about your box's contents, contact: [phone/email]